



**Commander Hector L. Cintron Jr.**  
Deputy Sector Commander  
Sector Northern New England



Prior to assuming the duties and responsibilities of Deputy Sector Commander, Commander Cintron was assigned to Sector Anchorage as the Prevention Department Head, where he led 65 personnel in the management of the marine safety mission exercising authority in a jurisdiction extending throughout Western Alaska, the Aleutian Islands, and the North Slope up to the international border with Canada.

Commander Cintron has served in the Coast Guard on active duty since 1988. Upon graduation from boot camp, he served as an enlisted member at the Coast Guard Aviation Training Center in Mobile, Alabama, where he became a Yeoman. He also served at the Coast Guard Cutter RED WOOD (WLM 685) in New London, Connecticut, the Coast Guard Greater Antilles Section in San Juan, Puerto Rico, and the Coast Guard Marine Safety Office San Juan in Puerto Rico. He attended the Coast Guard Officer Candidate School in Yorktown, Virginia where he obtained his commission in February 1998. Following graduation he was assigned to the Coast Guard Personnel Command (CGPC-OPM-3) in Washington, DC. In 1999 he was assigned to the Coast Guard Marine Safety Officer/Group Los Angeles – Long Beach, California where he served as a Marine Inspector and License Evaluator for two years and as Law Enforcement Officer, Command Security Officer, and Assistant Chief of Group Operations, in charge of 3 small boat stations and 3 cutters for the remaining two years of his tour.



In 2003 he served at the Marine Safety Office New Orleans where he served as Section Chief for the Command Center for one year, the Marine Environmental Response Division for the second year, and Chief of Contingency Planning for the last two years of his tour. In 2007 he received orders to Coast Guard Atlantic Area Command (57) where he became a Contingency Planning Exercise Support Team Leader executing extensive work assisting the Panamanian Government in emergency preparedness by providing ICS-300 courses in Spanish and helping in the development, execution, and evaluation of contingency exercises. In 2011 he was ordered to Coast Guard Sector Hampton Roads where he served as the Chief, Port Safety and Security overseeing the Port State Control, Waterfront Facilities, and Containers Inspections programs, and in 2012 he served as the Chief, Waterways Management overseeing 3 Aids to Navigation Teams before transferring to Coast Guard Sector Anchorage.

Commander Cintron obtained an MBA with honors from the University of Phoenix in 2008. His personal awards include Coast Guard Commendation Medal with Operational device and bronze star, Joint Service Achievement Medal, Coast Guard Achievement Medal with Operational device and three gold stars, Commandant's Letter of Commendation Medal with three bronze stars, and various other personal and unit awards.

He enjoys fishing, kayaking, snowboarding, and just about any physical activity in the outdoors.